## Supplement Facts

Serving Size 1 vegetarian capsule

## **Amount Per Serving**

Bio-Quercetin phytosome

29ma

10 mg quercetin [from Japanese sophora concentrate (flower bud)], phosphatidylcholine complex [from sunflower])

Other ingredients: microcrystalline cellulose, vegetable cellulose (capsule), vegetable stearate, silica.

Non-GMO

## Dosage and Use

Take one (1) capsule daily, or as recommended by a healthcare practitioner.

## Warnings

- KEEP OUT OF REACH OF CHILDREN
- DO NOT EXCEED RECOMMENDED DOSE
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.