

# Supplement Facts

Serving Size 1 vegetarian capsule

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## Amount Per Serving

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Curcumin Elite™ Proprietary CGM Blend 500 mg

providing 40% curcuminoids (200 mg) and 3% turmerones (15 mg) [from turmeric (rhizome)], 30% galactomannans (150 mg) [from fenugreek (seed)]

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Other ingredients: microcrystalline cellulose, vegetable cellulose (capsule), vegetable stearate, silica.

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Non-GMO

## Dosage and Use

- Take one (1) capsule daily, with food, or as recommended by a healthcare practitioner.

## Warnings

- KEEP OUT OF REACH OF CHILDREN
- DO NOT EXCEED RECOMMENDED DOSE
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

## Actual Size

