

Full Disclosure Ingredient Panel

DIRECTIONS: (Adult) Take two (2) Liquid Soft-Gels twice daily with meals and a full glass (8oz) of water. If caffeine keeps you up at night, do not take this product in the evening since it contains natural caffeine.

Supplement Facts

Serving Size: 2 Liquid Soft-Gels

Servings per Container: 30

	Amount per Serving	% Daily Value
Calories	20	
Total Fat	1.5 g	2%**
Saturated Fat	0.5 g	3%**
Total Carbohydrates	1 g	<1%**
Protein	1 g	
Vitamin D3 (as Cholecalciferol)	25 mcg (1000 IU)	125%
Niacin (as Niacinamide)	22.5 mg	141%
Vitamin B6 (as Pyridoxine Hydrochloride)	10 mg	588%
Zinc (as Zinc Citrate)	7.5 mg	68%
Chromium (as Chromium Picolinate)	100 mcg	286%
Flaxseed Oil (seed)	950 mg	†
Medium Chain Triglyceride (MCT) Oil	500 mg	†
KSM-66® Ashwagandha extract (5% withanolides, 16.875 mg)(root)	337.5 mg	†
Green Tea extract (98% polyphenols, 264.6 mg, 50% EGCG, 135 mg)(leaf)	270 mg	†
Caffeine (from Coffee Bean) (<i>Coffea arabica</i>) (bean)	75 mg	†
Cinnamon (<i>Cinnamomum zeylanicum</i>) extract (5:1)(bark)	50 mg	†
Shilajit (<i>Asphaltum punjabinum</i>) extract (6:1)(rock exudate)	50 mg	†
Cayenne powder (30,000 HU)(fruit)	30 mg	†
Cordyceps (<i>Cordyceps sinensis</i>) extract (7% cordycepic acid, 1.75 mg)(fungi)	25 mg	†
Stinging Nettle extract (15:1)(root)	25 mg	†
Boron (as Boron Chelate)	5 mg	†
BioPerine Complex	3 mg	†
Bioperine® Black Pepper extract (95% piperine)(fruit),		
Ginger extract (5% gingerols)(rhizome)		

**% Daily Value based on a 2,000 calorie diet

†Daily Value not established

Other Ingredients: Gelatin, purified water, glycerin, beeswax, soy lecithin, annatto (color), dextrin, titanium dioxide (color), St. John's bread (carob)(color), silicon dioxide, turmeric (color) and maltodextrin.

Contains: Dairy, Soy, Tree Nuts (coconut, palm kernel)

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No preservatives added.

Usage Warnings: Do not use if safety seal is broken. This product contains ingredients that may affect blood sugar. Check with your doctor before using this product if you are using medication or have any medical conditions, including, but not limited to, heart disease, high blood pressure, an iron deficiency, a liver disorder or develop symptoms of liver trouble (such as abdominal pain, dark urine or jaundice). It is recommended to limit additional caffeine intake while using this product. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

***This product's label has been updated to add New Nutrition Labeling, but the formula has not changed. Customers may still receive product with the original label after 1/1/2020.