

Supplement Facts

Serving Size: 2 Liquid Soft-Gels

Servings per Container: 30

	Amount per Serving	%Daily Value
Vitamin D (as Cholecalciferol)	500 IU	125%
Vitamin B6 (as Pyridoxine Hydrochloride)	10 mg	500%
Magnesium (as Magnesium Citrate)	50 mg	12%
Fish Oil (18%EPA/12%DHA)	600 mg	†
5-HTP (<i>Griffonia simplicifolia</i>) (seed)	100 mg	†
Lemon Balm extract (4:1)(aerial)	100 mg	†
Rhodiola extract (3% rosavins, 1% salidroside)(root)	100 mg	†
Damiana extract (4:1)(leaf)	75 mg	†
Holy Basil extract (2% ursolic acid)(herb)	75 mg	†
L-Theanine	50 mg	†
Saffr'Activ® Saffron extract (0.3% safranal)(stigma)	5 mg	†
BioPerine Complex	3 mg	†
BioPerine® Black Pepper extract (95% piperine)(fruit), Ginger extract (5% gingerols)(rhizome)		

†Daily Value not established

Other Ingredients: Gelatin, purified water, glycerin, beeswax, soy lecithin, maltodextrin, turmeric, silicon dioxide, titanium dioxide, sodium copper chlorophyllin and microcrystalline cellulose.

Contains: Fish (anchovy, sardine), Soy

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No preservatives added.

Usage Warnings: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication, including anti-depressants and pain medication, or have any medical conditions, including digestive disorders. Some people may experience drowsiness. Exercise caution if driving a vehicle or operating machinery. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.