

Full Disclosure Ingredient Panel

DIRECTIONS: (Adult) Take three (3) Liquid Soft-Gels per day, between meals, and with a full glass (8oz) of water. Individuals with sensitive stomachs may prefer to take the Liquid Soft-Gels with food.

Supplement Facts

Serving Size: 3 Liquid Soft-Gels
Servings per Container: 18

	Amount per Serving	%Daily Value
Calories	25	
Total Fat	1.5 g	2%**
Cholesterol	20 mg	6%
Total Carbohydrates	2 g	1%**
Protein	1 g	
Vitamin C (as Ascorbic Acid)	200 mg	222%
Vitamin D3 (as Cholecalciferol)	37.5 mcg (1500 IU)	188%
Vitamin B6 (as Pyridoxine Hydrochloride)	2 mg	118%
Zinc (as Zinc Citrate)	11 mg	100%
Fish Oil (18% Eicosapentaenoic Acid (EPA), 243 mg, 12% Docosahexaenoic Acid (DHA), 162 mg)	1350 mg	†
Stinging Nettle extract (4:1)(leaf)	300 mg	†
Quercetin (<i>Dimorphandra mollis</i>) extract (pod, seed)	250 mg	†
Rutin	200 mg	†
Bromelain	120 GDU	†
Butterbur (<i>Petasites hybridus</i>) extract (10:1)(root)	100 mg	†
Luteolin	50 mg	†
BioPerine Complex	6 mg	†
BioPerine® Black Pepper extract (95% piperine)(fruit), Ginger extract (5% gingerols)(rhizome)		

**% Daily Value based on a 2,000 calorie diet
†Daily Value not established

Other Ingredients: Gelatin, purified water, glycerin, beeswax, sunflower lecithin, maltodextrin, annatto (color), titanium dioxide (color), dextrin, St. John's bread (carob) (color) and turmeric (color).

Contains: Fish (anchovy, sardine)

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No preservatives added.