

Full Disclosure Ingredient Panel

DIRECTIONS: (Adult) Take three (3) Liquid Soft-Gels daily with a meal and a full glass of water.

Supplement Facts

Serving Size: 3 Liquid Soft-Gels / Servings per Container: 25

	Amount per Serving	% Daily Value
Vitamin D3 (as Cholecalciferol)	1200 IU	300%
Magnesium (as Magnesium Citrate)	150 mg	37%
Chromium (as Chromium Piccolinate)	200 mcg	166%
Fish Oil (18% EPA, 12% DHA)	1300 mg	†
Rhodiola (<i>Rhodiola rosea</i>) extract (3% rosavins)(1% salidroside)(root)	340 mg	†
Lemon Balm extract (4:1)(leaf)	300 mg	†
Passionflower extract (4:1)(flower)	200 mg	†
Damiana (<i>Turera diffusa</i>) extract (4:1)(leaf)	200 mg	†
L-Theanine	100 mg	†
Saffr'Activ® Saffron extract (0.3% saffranal)(stigma)	10 mg	†
BioPerine Complex	6 mg	†
BioPerine® Black Pepper extract (95% piperine) (fruit), Ginger extract (5% gingerols)(root)		

†Daily Value not established

Other Ingredients: Gelatin, purified water, glycerin, soy lecithin, beeswax, silicon dioxide, riboflavin and titanium dioxide.

Contains: Fish (Anchovy, Sardine), Soy

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Saffr'Activ® is a registered trademark of Nutraceuticals International Group®.

No preservatives added.

Usage Warnings: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical conditions. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.