

Supplement Facts Servings: About 33 Serving size: 1 level tsp. (3 g),
Amount Per Serving: Calories 10, Total Carb. 2g (<1% DV*), Vit. D 1mcg (5% DV),
Iron .39mg (2% DV)

Lion's Mane (*Hericium erinaceus*) mycelium‡ 1.5g†, Turmeric (*Curcuma longa*) root‡
600mg†, Reishi (*Ganoderma lucidum* s.l.) mycelium‡ 600mg†, Ginger (*Zingiber
officinale*) root‡ 150mg†, Cinnamon bark‡ 148.5mg†, Black Pepper (*Piper nigrum*)
fruit‡ 1.5mg†*

Percent Daily Values are based on a 2,000 calorie diet
†Daily value not established ‡Certified Organic

Other ingredients: myceliated brown rice‡