

# Supplement Facts

Serving Size 1 Tablespoon (15 mL)

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1.5 g	<1**
Sugars (fructose)	1.5 g	
Includes 1.5 g added sugars		3**
Vitamin D <sub>3</sub> (as 400 IU cholecalciferol)	10 mcg	50
Calcium (as citrate)	600 mg	46
Magnesium (as citrate, aspartate)	300 mg	71

\*\* Percent Daily Value based on a 2,000 calorie diet.

Other Ingredients: Filtered water, fructose, citric acid, natural flavors, xanthan gum, sea vegetable extract.

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice and sodium.

KOF-K certification #K-0003138

Minerals are shown in their elemental value.