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Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Biotin	5000	16,667
	mcg	

Daily Value based on a 2,000 calorie diet.

Other Ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

**CAUTION:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Bluebonnet KOF-K Certification #K-0000700