## Supplement Facts

Serving Size 1 vegetarian capsule

# Amount Per Serving

Vitamin C (as ascorbyl palmitate) 2 mg

L-Theanine 100 mg

Other ingredients: microcrystalline cellulose, vegetable cellulose (capsule), silica, vegetable stearate.

Non-GMO

#### Dosage and Use

· Take one (1) capsule one to four times daily, or as recommended by a healthcare practitioner.

#### Warnings

- KEEP OUT OF REACH OF CHILDREN
- DO NOT EXCEED RECOMMENDED DOSE
- · Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

### **Actual Size**

