

Supplement Facts

Serving Size 3 vegetarian capsules

Servings Per Container 30

Amount Per Serving

Magnesium (from 2000 mg Magtein™ magnesium L-threonate)	144 mg
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Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, stearic acid, silica, vegetable stearate.

Non-GMO

Magtein™ is a registered trademark of Magceutics, Inc. and is distributed exclusively by AIDP, Inc. Magtein™ is covered by registered and pending U.S. Patents.

Dosage and Use

- Take three (3) capsules daily with or without food, or as recommended by a healthcare practitioner.
- Magnesium L-Threonate has less of a laxative effect than other forms of magnesium.

Warnings

- KEEP OUT OF REACH OF CHILDREN
- DO NOT EXCEED RECOMMENDED DOSE
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

