Supplement Facts

Serving Size 1 vegetarian capsule

Amount Per Serving

N-acetyl-L-cysteine

600 mg

Other ingredients: vegetable cellulose (capsule), vegetable stearate, silica.

Non-GMO

Dosage and Use

 Take one (1) capsule one to three times daily with or without food, or as recommended by a healthcare practitioner.

Caution

Those who supplement with NAC should drink 6 to 8 glasses of water daily in order to prevent cysteine renal stones. Cysteine renal stones are rare but do occur.

Warnings

- KEEP OUT OF REACH OF CHILDREN
- DO NOT EXCEED RECOMMENDED DOSE
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

