

**Directions:** (Adult) Take three (3) Liquid Soft-Gels per day in divided doses with food and a glass of water.

# Supplement Facts

Serving Size: 3 Liquid Soft-Gels Servings per Container: 30

	Amount per Serving	% Daily Value
Vitamin A (as Beta Carotene)	5000 IU	100%
Vitamin C (as Ascorbic Acid)	250 mg	417%
Vitamin D (as Vitamin D3)	400 IU	100%
Vitamin E (as d-Alpha Tocopherol)	200 IU	667%
Thiamin (as Thiamine Mononitrate)	20 mg	1333%
Riboflavin	20 mg	1176%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B6 (as Pyridoxine Hydrochloride)	20 mg	1000%
Folic Acid	600 mcg	150%
Vitamin B12 (as Methylcobalamin)	60 mcg	1000%

<b>Crucial Oil Complex</b>	2060 mg	†
Pumpkin Seed oil, Fish oil (30% Omega-3 fatty acids (EPA/DHA)), Flax Seed oil (50% ALA)		

<b>Antioxidant Blend</b>	60 mg	†
Acai ( <i>Euterpe oleracea</i> ) Berry extract (4:1), Grape Seed extract (95% polyphenols), Green Tea extract (50% polyphenols)(leaf), Resveratrol (20%), White Tea extract (90% polyphenols)(leaf)		

<b>Fruit and Vegetable Blend</b>	57 mg	†
Alfalfa (leaf), Asparagus (aerial), Beet (root), Blueberry ( <i>Vaccinium angustifolium</i> ) (fruit), Broccoli (aerial), Brussels Sprouts ( <i>Brassica oleracea</i> var. <i>gemmifera</i> ) (aerial), Cabbage ( <i>Brassica oleracea</i> ) (aerial), Carrot ( <i>Daucus carota</i> ssp. <i>sativus</i> ) (root), Collards (aerial), Garlic (bulb), Ginger (root), Grape (seed), Grapefruit (fruit), Lemon (fruit), Onion (bulb), Papaya (fruit), Pineapple (fruit), Spinach (leaf), Tomato (fruit)		

<b>Immuno Blend</b>	54 mg	†
Cat's Claw powder (bark), European Elder Berry powder, Garlic powder (bulb)		

<b>Amino Acid Blend</b>	54 mg	†
L-Histidine Hydrochloride, L-Isoleucine, L-Leucine, L-Lysine Hydrochloride, L-Methionine, L-Phenylalanine, L-Threonine, L-5-Hydroxytryptophan, L-Valine		

	Amount per Serving	% Daily Value
Biotin	15 mcg	5%
Pantothenic Acid (as Calcium Pantothenate)	20 mg	200%
Calcium (as Calcium Citrate)	50 mg	5%
Magnesium (as Magnesium Amino Acid Chelate)	25 mg	6%
Zinc (as Zinc Citrate)	15 mg	100%
Selenium (as L-Selenomethionine)	75 mcg	107%
Copper (as Copper Amino Acid Chelate)	2 mg	100%
Manganese (as Manganese Ascorbate)	2 mg	100%
Chromium (as Chromium Polynicotinate)	120 mcg	100%
Molybdenum (as Molybdenum Amino Acid Chelate)	225 mcg	300%

<b>Traditional Botanical Blend</b>	21 mg	†
Ashwagandha powder (root), Astragalus ( <i>Astragalus membranaceus</i> ) powder (root), Bupleurum ( <i>Bupleurum chinense</i> ) powder (root)		

<b>Green Super Food Blend</b>	18 mg	†
Barley Grass powder, Chlorella powder, Spirulina ( <i>Arthrospira platensis</i> ) powder		

<b>Adrenal Blend</b>	24 mg	†
American Ginseng powder (root), Asian Ginseng powder (root), Montmorillonite		

<b>Brain Blend</b>	18 mg	†
Ginkgo powder (leaf), Phosphatidylserine		

<b>Targeted Blend</b>	135 mg	†
Milk Thistle powder (seed), Saw Palmetto oil (fruit), Stinging Nettle powder (aerial)		

<b>BioPerine Complex</b>	6 mg	†
BioPerine® Black Pepper extract (95% piperine)(fruit), Ginger extract (5% gingerols)(root)		

†Daily Value not established

Other Ingredients: Gelatin, purified water, glycerin, beeswax, soy lecithin, titanium dioxide and sodium copper chlorophyllin.

**Contains: Soy, Fish (anchovy, sardine)**

• **BIOPERINE** is a registered trademark of Sabinsa Corporation. **No preservatives added.**

**Usage Warning:** Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical conditions. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

**WARNING:** (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.