

# Supplement Facts

**Serving Size** 2 capsules

**Servings Per Container** 30

Amount Per Serving	% Daily Value	
Chromium (as chromium picolinate)	100 mcg	83%
Phase 2® White Kidney Bean Extract ( <i>Phaseolus vulgaris</i> )	500 mg	*
Gymnema Sylvestre (leaf)(standardized at 25% gymnemic acids equal to 75 mg)	300 mg	*

\* Daily Value not established.

Other Ingredients: Cellulose (capsule shell), gum arabic, cellulose, magnesium stearate, silica.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.