

# Supplement Facts

Serving Size: 3 Liquid Soft-Gels

Servings per Container: 20

	Amount per Serving	% Daily Value
Vitamin B6 (as Pyridoxine Hydrochloride)	10 mg	500 %
Folate (as Quatrefolic® (5-MTHF) [6S] -5-Methyltetrahydrofolate, glucosamine salt)	200 mcg	50 %
Vitamin B12 (as Methylcobalamin)	500 mcg	8333 %
MCT (Medium Chain Triglyceride) oil	1000 mg	†
Acetyl-L-Carnitine (as Acetyl-L-Carnitine Hydrochloride)	500 mg	†
Bacopa extract (50% bacosides)(whole plant)	300 mg	†
Holy Basil (Tulsi) extract (2% ursolic acid)(leaf)	200 mg	†
AlphaWave® L-Theanine	100 mg	†
InnovaTea® Natural Tea Extract (standardized to 95% Caffeine)	52 mg	†
Lemon Balm extract (10:1)(aerial)	0% 30 mg	†
Rosemary extract (3% rosmarinic acid)(herb)	30 mg	†
<b>BioPerine Complex</b>	6 mg	†
BioPerine® Black Pepper extract (95% piperine) (fruit), Ginger extract (5% gingerols)(rhizome)		

†Daily Value not established

Other Ingredients: Flaxseed oil, gelatin, purified water, glycerin, beeswax, soy lecithin, St. John's bread, silicon dioxide and titanium dioxide.

**USAGE WARNINGS:** Do not use if safety seal is broken.

This product contains natural caffeine and may affect your blood pressure and/or heart conditions. Check with your doctor before using this product if you are using medication or have any medical conditions, including heart disease and/or high blood pressure. Do not use if you may become pregnant, are pregnant or nursing.

Do not exceed recommended daily intake. Not intended for use by persons under 18.