

# Supplement Facts

Serving Size: 1 Teaspoon (5 ml)

Servings per bottle: 48

Amount Per Serving		% DV <sup>1*</sup>	% DV <sup>2**</sup>
Calories	40		
Total Fat	4.5 g	12%	6%
Saturated Fat	1 g	10%	5%
Trans Fat	0 g	†	†
Cholesterol	20 mg	7%	7%
Vitamin A	40 mcg RAE	13%	4%
Total Omega-3s	1060 mg	†	†
EPA (Eicosapentaenoic Acid)	340 mg	†	†
DHA (Docosahexaenoic Acid)	510 mg	†	†
Other Omega-3s	210 mg	†	†

\* Percent Daily Values are based on a 1,000 calorie diet.

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

1 Daily Value (DV) for children 1-3 years of age.

2 Daily Value (DV) for adults and children over 4 years of age.

Contains less than 2 percent of the Daily Value of vitamin D.

**Ingredients:** purified arctic cod liver oil, natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.