

WARNING: Do not use if safety seal is broken or missing. Do not take more than the recommended dosage. Keep out of reach of children. Keep your health professional informed when using this product. Too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heartbeat. Not recommended for use by children under 18 years of age. Not recommended for excessive or long term use.

DIRECTIONS: Use only as directed. Take two capsules daily with a meal or glass of water.

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container 30

| | Amount Per Serving | % Daily Value |
|--|--------------------|---------------|
| Vitamin A (as Beta Carotene) | 5,000 IU | 100% |
| Vitamin C (as Ascorbic Acid) | 60 mg | 100% |
| Vitamin E (as d-Alpha Tocopheryl Acetate) | 30 IU | 100% |
| Thiamine (as HCl) (B-1) | 1.5 mg | 100% |
| Riboflavin (B-2) | 1.7 mg | 100% |
| Niacin (as Niacinamide) | 20 mg | 100% |
| Vitamin B-6 (Pyridoxine HCl) | 2 mg | 100% |
| Folate (as Folic Acid) | 200 mcg | 50% |
| Vitamin B-12 (as Cyanocobalamin) | 750 mcg | 12,500% |
| Biotin | 150 mcg | 50% |
| Pantothenic Acid (as d-Calcium Pantothenate) | 10 mg | 100% |
| Zinc (as Amino Acid Chelate) | 5 mg | 33% |
| Manganese (as Amino Acid Chelate) | 1 mg | 50% |
| Chromium (as DynaChrome™ Arginate/Chelidamate) | 25 mcg | 21% |

Proprietary Blend: Guarana (seed extract) (contains 704 mg 63 mg caffeine); Kola Nut (seed extract) (contains 22 mg caffeine); Eleuthero (root); Wood Betony (aerial); Beet Powder (root); Cayenne (fruit); American Centaury (aerial); Gotu Kola (aerial extract); He shou wu (*polygona multiflorum*) (root); Garlic (bulb) *

Other Ingredients: Gelatin (Capsule), Maltodextrin, Magnesium Stearate and Corn Starch

Mfd. for NutraPro, Inc.

www.effitnow.com

Comments or Questions

Natural Balance

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