Supplement Facts		
Serving Size: 6 Tablets		
Servings Per Container: 45		
Amount Per Serving		% Daily Value
Vitamin A (as beta carotene)	1800 mcg RAE	200%
Vitamin C (as ascorbic acid and 10% as calcium asco		400%
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Vitamin D (as ergocalciferol) Thiamin (Vitamin B1) (as thiamine HCl)	3.75 mcg 12 mg	19% 1000%
Riboflavin (Vitamin B2)	12 mg	923%
Niacin (as niacinamide)	180 mg NE	1125%
Vitamin B6 (as pyridoxine HCI)	12 mg	706%
Vitamin B12 (as cyanocobalamin)	30 mcg	1250%
Pantothenic Acid (as d-calcium pantothenate)	120 mg	2400%
Calcium	486 mg	37%
(as calcium carbonate, and 1% as calcium ascorb		0170
Magnesium (as magnesium oxide, and 3% as magnesium citra	360 mg	86%
Zinc (as zinc gluconate)	18 mg	164%
Selenium (as I-selenomethionine)	120 mcg	218%
Manganese (as manganese glycinate chelate)	24 mg	1043%
Chromium (as chromium picolinate)	180 mcg	514%
Chloride (as potassium chloride)	78 mg	3%
Potassium	96 mg	2%
(as potassium chloride and 6% as potassium citra	ite)	
Garlic bulb	480 mg	t
Taurine	360 mg	t
Chinese Hawthorn berry extract	282 mg	t
Beta-Sitosterol Complex	210 mg	t
Horsetail leaf extract	30 mg	t
Juniper Berry fruit	180 mg	t
Valerian root	30 mg	t
Cayenne fruit	100 mg	t
Rutin	100 mg	t
Betaine HCl	150 mg	
Resveratrol (from Polygonum cuspidatum)	30 mg	t
CoQ-10 (Ubiquinone)	30 mg	†
Futurebiotics BioAccelerators™: 23 mg †		
Bioperine® Black Pepper Extract ( <i>Piper nigrum</i> ), Ginger root extract ( <i>Zingiber officinale</i> ), Trikatu (Long Pepper Fruit ( <i>Piper longum</i> ), Black Pepper Seed ( <i>Piper</i>		
nigrum) & Ginger Root), Digezyme®, (Amylase, Protease, & Lipase), Lactospore®		
(Bacillus coagulans)		
† Daily Value not established		

Other ingredients: Microcrystalline cellulose, stearic acid, sodium starch glycolate, croscarmellose sodium, magnesium stearate, silicon dioxide, hydroxypropyl methylcellulose, polyethylene glycol.