

# Supplement Facts

Serving Size: 1 Liquid Soft-Gel

Servings per Container: 60

	Amount per Serving	% Daily Value
Thiamin (as Thiamine Hydrochloride) (B1)	30 mg	2000%
Riboflavin (B2)	30 mg	1765%
Niacin (as Niacinamide) (B3)	30 mg	150%
Vitamin B6 (as Pyridoxine Hydrochloride)	30 mg	1500%
Folic Acid (B9)	400 mcg	100%
Vitamin B12 (as Methylcobalamin)	1000 mcg	16,667%
Biotin (B7)	300 mcg	100%
Pantothenic Acid (as D-Calcium Pantothenate) (B5)	30 mg	300%
Medium Chain Triglyceride (MCT) Oil	455 mg	†
N,N-Dimethylglycine (DMG) (B15)	30 mg	†
<b>BioPerine Complex</b>	6 mg	†
BioPerine® Black Pepper extract (95% piperine) (fruit), Ginger extract (5% gingerols)(root)		

†Daily Value not established

Other Ingredients: Gelatin, purified water, glycerin, beeswax, soy lecithin, caramel color, silicon dioxide and titanium dioxide.

**Contains: Soy, Tree Nuts (palm kernel)**

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**No preservatives added.**

**Usage Warnings:** Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical conditions. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.