

# Supplement Facts

Serving Size 3 Capsules

Servings Per Container 30

	Amount Per Serving	% DV
Vitamin C (as ascorbic acid)	200 mg	333%
Vitamin E (as d-alpha tocopherol)	16 IU	53%
Vitamin B <sub>1</sub> (as thiamine mononitrate)	12 mg	800%
Vitamin B <sub>2</sub> (as riboflavin)	10 mg	588%
Vitamin B <sub>3</sub> (as niacinamide)	100 mg	500%
Vitamin B <sub>6</sub> (as pyridoxine HCl)	12 mg	600%
Selenium (as methylselenocysteine)	10 mcg	14%
Taurine	500 mg	*
Quercetin	300 mg	*
Blackcurrant Extract ( <i>Ribes nigrum</i> ) (20% polyphenols) (fruit)	100 mg	*
Alpha Lipoic Acid	100 mg	*
Gamma Tocopherol	100 mg	*
Grape Seed Extract ( <i>Vitis vinifera</i> ) (95% polyphenols)	100 mg	*
Eyebright ( <i>Euphrasia officinalis</i> ) (leaf)	100 mg	*
Lutein (as esters) ( <i>Tagetes erecta</i> ) (marigold petal extract)	10 mg	*
Zeaxanthin (as esters) ( <i>Tagetes erecta</i> ) (marigold petal extract)	2 mg	*

\* Daily Value not established.