

Ingredients

	Amount/Serving	%DV
Vitamin A (as retinyl acetate)	5,000IU	100%
Vitamin C (ascorbic acid)	120mg	200%
Vitamin D (as cholecalciferol)	400IU	100%
Vitamin E (as d-alpha tocopheryl acid succinate)	60IU	200%
Thiamin (as thiamin HCl) (vitamin B1)	30mg	2,000%
Riboflavin (vitamin B2)	30mg	1,765%
Niacin	40mg	200%
Vitamin B6 (as pyridoxine HCl)	35mg	1,750%
Folic Acid	400mcg	100%
Vitamin B12 (as cyanocobalamin)	150mcg	2,500%
Biotin	300mcg	100%
Pantothenic Acid (as calcium D-pantothenate)	20mg	200%
Calcium	24mg	2%
Magnesium (as magnesium oxide)	200mg	50%
Zinc (as zinc gluconate)	15mg	100%
Selenium (as L-selenomethionine)	70mcg	100%
Copper (as copper gluconate)	2mg	100%
Manganese (as manganese citrate)	5mg	250%
Chromium (as chromium picolinate)	200mcg	167%
Potassium (as potassium chloride)	100mg	3%
Taurine	250mg	*
Alpha Lipoic Acid	100mg	*
Lutein	500mcg	*
Vanadium (as vanadyl sulfate)	100mcg	*

This product does not contain

- artificial flavoring
- corn
- dairy products
- gluten
- preservatives
- salt
- sugar
- wheat
- yeast

All colors used are from natural sources.

Notes

Caution: People with diabetes should regularly monitor blood glucose levels. If you are pregnant, nursing or taking medication, consult a healthcare professional before using this product.

Other Ingredients: modified cellulose, magnesium stearate, polydextrose, silicon dioxide, titanium dioxide color, riboflavin color, maltodextrin, medium chain triglycerides, and soybean oil.