


# Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% DV	
<b>FoodState Nutrients</b> 		
Vitamin A ..... (50 mg <sup>†</sup> ; carrots)	2500 IU	50
As Alpha & Beta Carotene with Mixed Carotenoids (Cryptoxanthin, Lutein, Zeaxanthin, Lycopene)		
Vitamin C..... (240 mg <sup>†</sup> ; oranges)	60 mg	100
Vitamin D3 ..... (8 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	400 IU	100
Vitamin E* (60 mg <sup>†</sup> ; organic brown rice)	15 IU	50
Vitamin K..... (3 mg <sup>†</sup> ; cabbage)	32 mcg	40
Thiamine (B-1)... (16 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	4 mg	267
Riboflavin (B-2) (30 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	3 mg	176
Niacinamide..... (80 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	20 mg	100
Vitamin B-6..... (15 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	3 mg	150
Folate..... (40 mg <sup>†</sup> ; broccoli)	400 mcg	100
Vitamin B-12..... (3 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	15 mcg	250
Biotin..... (24 mg <sup>†</sup> ; organic brown rice)	120 mcg	40
Pantothenic Acid (40 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	10 mg	100
Calcium ..... (40 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	2 mg	<1
Iodine ..... (4 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	60 mcg	40
Magnesium..... (40 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	2 mg	1

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Zinc ..... (300 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	15 mg	100
Selenium ..... (32 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	32 mcg	46
Copper..... (5 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	50 mcg	3
Manganese ..... (20 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	1 mg	50
Chromium (GTF)..... (30 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	60 mcg	50
Molybdenum ..... (10 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	20 mcg	27
Potassium ..... (763 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	4 mg	<1
Boron ..... (50 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	500 mcg	**
<b>Immune Health Blend</b> .....	53 mg	**
Organic Astragalus, Whole Orange (natural source bioflavonoids), Organic Eleuthero Root, Wild Blueberry (natural source anthocyanins), Cranberry (natural source proanthocyanidins), Organic Schisandra Berry, Organic Shiitake Mushroom		
<b>Body Strengthening Blend</b> .....	35 mg	**
Organic Fo-Ti Root, Organic Ginger Root, Organic Saw Palmetto Berry, Organic Nettle Leaf, Organic Dandelion Leaf & Root		

\*Full spectrum of mixed tocotrienols and tocopherols \*\* % Daily Value (DV) not established †Total Weight FoodState Nutrient to Deliver Daily Value

**Other Ingredients:** Plant Cellulose, Vegetable Lubricant, Silica.