


Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% DV
FoodState Nutrients 	
Vitamin A (50 mg [†] ; carrots) 2500 IU	50
As Alpha & Beta Carotene with Mixed Carotenoids (Cryptoxanthin, Lutein, Zeaxanthin, Lycopene)	
Vitamin C..... (240 mg [†] ; oranges)	60 mg 100
Vitamin D3 (8 mg [†] ; <i>S. cerevisiae</i>)	400 IU 100
Vitamin E* (60 mg [†] ; organic brown rice)	15 IU 50
Vitamin K..... (3 mg [†] ; cabbage)	32 mcg 40
Thiamine (B-1)... (16 mg [†] ; <i>S. cerevisiae</i>)	4 mg 267
Riboflavin (B-2) (30 mg [†] ; <i>S. cerevisiae</i>)	3 mg 176
Niacinamide..... (80 mg [†] ; <i>S. cerevisiae</i>)	20 mg 100
Vitamin B-6..... (15 mg [†] ; <i>S. cerevisiae</i>)	3 mg 150
Folate..... (40 mg [†] ; broccoli)	400 mcg 100
Vitamin B-12..... (3 mg [†] ; <i>S. cerevisiae</i>)	15 mcg 250
Biotin..... (24 mg [†] ; organic brown rice)	120 mcg 40
Pantothenic Acid (40 mg [†] ; <i>S. cerevisiae</i>)	10 mg 100
Calcium (40 mg [†] ; <i>S. cerevisiae</i>)	2 mg <1
Iodine (4 mg [†] ; <i>S. cerevisiae</i>)	60 mcg 40
Magnesium..... (40 mg [†] ; <i>S. cerevisiae</i>)	2 mg 1

Amount per Serving	% DV
Zinc (300 mg [†] ; <i>S. cerevisiae</i>)	15 mg 100
Selenium (32 mg [†] ; <i>S. cerevisiae</i>)	32 mcg 46
Copper..... (5 mg [†] ; <i>S. cerevisiae</i>)	50 mcg 3
Manganese (20 mg [†] ; <i>S. cerevisiae</i>)	1 mg 50
Chromium (GTF)..... (30 mg [†] ; <i>S. cerevisiae</i>)	60 mcg 50
Molybdenum (10 mg [†] ; <i>S. cerevisiae</i>)	20 mcg 27
Potassium (763 mg [†] ; <i>S. cerevisiae</i>)	4 mg <1
Boron (50 mg [†] ; <i>S. cerevisiae</i>)	500 mcg **
Immune Health Blend	53 mg **
Organic Astragalus, Whole Orange (natural source bioflavonoids), Organic Eleuthero Root, Wild Blueberry (natural source anthocyanins), Cranberry (natural source proanthocyanidins), Organic Schisandra Berry, Organic Shiitake Mushroom	
Body Strengthening Blend	35 mg **
Organic Fo-Ti Root, Organic Ginger Root, Organic Saw Palmetto Berry, Organic Nettle Leaf, Organic Dandelion Leaf & Root	

*Full spectrum of mixed tocotrienols and tocopherols ** % Daily Value (DV) not established †Total Weight FoodState Nutrient to Deliver Daily Value

Other Ingredients: Plant Cellulose, Vegetable Lubricant, Silica.