

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product. Do not use if you are taking a prescription antidepressant. May cause drowsiness; do not use while driving or operating heavy machinery.

DIRECTIONS: Use only as directed. Take one VegCaps once daily. Store in a cool, dry place.

Supplement Facts

Serving Size: 1 VegCaps

Servings Per Container 60

| | Amount Per Serving | % Daily Value |
|--|-----------------------|------------------|
| Vitamin B-6 (from Pyridoxine HCl) | 11 mg | 647% |
| 5-HTP (L-5Hydroxytryptophan as <i>Griffonia simplicifolia</i> seed extract) | 50 mg | * |

* Daily Value not established.

Other Ingredients: Cellulose, Vegetable Cellulose (Capsule), Magnesium Stearate, and Silica.