

# Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% DV	
<b>FoodState Nutrients</b>		
Vitamin A .....(45 mg <sup>†</sup> ; carrot)	2250 IU	45
As Alpha & Beta Carotene with Mixed Carotenoids (Cryptoxanthin, Lutein, Zeaxanthin)		
Vitamin C ..... (240 mg <sup>†</sup> ; organic orange)	60 mg	100
Vitamin D3 ..... (8 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	400 IU	100
Vitamin E* ..(64 mg <sup>†</sup> ; organic brown rice)	16 IU	53
Vitamin K .....(3 mg <sup>†</sup> ; cabbage)	30 mcg	38
Thiamine (B-1)..... (12 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	3 mg	200
Riboflavin (B-2) ... (20 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	2 mg	118
Niacinamide ..... (80 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	20 mg	100
Vitamin B-6..... (20 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	4 mg	200
Folate ..... (40 mg <sup>†</sup> ; broccoli)	400 mcg	100
Vitamin B-12 ..... (2 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	10 mcg	167
Biotin ..... (21 mg <sup>†</sup> ; organic brown rice)	105 mcg	35
Pantothenic Acid .. (40 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	10 mg	100
Calcium ..... (20 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	1 mg	<1
Iron ..... (90 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	4.5 mg	25
Iodine ..... (10 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	150 mcg	100
Magnesium.....(20 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	1 mg	<1
Zinc ..... (280 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	14 mg	93

Amount per Serving	% DV	
Selenium ..... (15 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	15 mcg	21
Copper.....(20 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	200 mcg	10
Manganese .....(20 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	1 mg	50
Chromium (GTF) .. (30 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	60 mcg	50
Molybdenum ..... (15 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	30 mcg	40
Potassium .....(792 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	4 mg	<1
Boron ..... (50 mg <sup>†</sup> ; <i>S. cerevisiae</i> )	500 mcg	**
<b>Rejuvenating and Balancing Blend</b> .....	81 mg	**
Organic Chaste Tree Berry, Organic Red Clover Flower, Organic Saw Palmetto Berry, Organic Ashwagandha Root, Organic Ginkgo Leaf, Organic Hawthorn Berry, Organic Sacred Basil Leaf, Organic Turmeric Root, Organic Milk Thistle Seed, Organic Ginger Root, Organic Nettle Leaf		
<b>Immune Health Blend</b> .....	34 mg	**
Organic Astragalus Root, Organic Eleuthero Root, Organic Whole Orange (natural source bioflavonoids), Organic Blueberry (natural source anthocyanins), Organic Cranberry (natural source proanthocyanidins), Organic Schisandra Berry, Organic Shiitake Mushroom		

\*Full spectrum of mixed tocotrienols and tocopherols \*\* % Daily Value (DV) not established †Total Weight FoodState Nutrient to Deliver Daily Value

**Other Ingredients:** Plant Cellulose, Silica, Vegetable Lubricant.

**Suggested Use:** 1 tablet daily. May be taken anytime throughout the day, even on an empty stomach.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Certified Gluten-Free by QAI**

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Cellulose, Vegetable Lubricant,

Silica.

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 **FoodState Nutrients™** are made with fresh and local foods. Crafted with our Slo-Food Process™, they deliver the most authentic nourishment available, which we believe the body recognizes as 100% whole food.