WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

If you are pregnant or lactating, or have diabetes, achlorhydria, malabsorption, bladder cancer, or cataracts, or if you have been prescribed MAO inhibitors, serotonin reuptake inhibitors, or lithium, consult your licensed health care practitioner. Do not exceed the recommended dosage. Not for long term use.