

Amount Per Serving		%DV
Calories	15	
Total Carbohydrate	4 g	1%*
Sugars	2.5 g	
Vitamin C (as Ascorbic Acid)	1200 mg	2000%
Thiamin (as Thiamin HCL) (Vitamin B1)	450 mcg	30%
Riboflavin (Vitamin B2)	1 mg	59%
Niacin (Vitamin B3)	5 mg	25%
Vitamin B6 (as Pyridoxine HCL)	10 mg	500%
Folic Acid	20 mcg	5%
Vitamin B12 (as Cyanocobalamin)	30 mcg	500%
Pantothenic Acid (as d-Calcium Pantothenate)	3 mg	30%
Calcium (as Calcium Lactate)	60 mg	6%
Magnesium (from Magnesium Oxide and ConcenTrace®)	106 mg	27%
Zinc (as Zinc Oxide)	3 mg	20%
Selenium (as Sodium Selenite)	35 mcg	50%
Manganese (as Manganese Citrate)	1 mg	50%
Chromium (as Chromium Amino Acid Chelate)	10 mcg	8%
Chloride (from ConcenTrace®)	18 mg	1%
Sodium	150 mg	7%
Potassium (from Potassium Citrate, ConcenTrace®)	201 mg	6%
ConcenTrace® (Electrolyte trace mineral complex)	100 mg	**
Alpha Lipoic Acid	1 mg	**
Boron (as Boron Amino Acid Chelate)	10 mcg	**

* Percent Daily Value (DV) is based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Crystalline fructose, citric acid, sodium bicarbonate, stevia, natural lemon lime flavors. Plus over 72 naturally occurring ionic from ConcenTrace. CERTIFIED VEGAN.