

# Product Facts

**Active Ingredients per Tablet:**

<b>Calming Herbal Blend</b>	255 mg
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Lemon Balm, Motherwort, Passion Flower, Valerian, Chamomile, Skullcap, Hops and Flower Essences.

GABA (gamma-aminobutyric acid)	150 mg
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L-Theanine	10 mg
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Vitamin B-1	5 mg
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Lecithin	2 mg
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**Inactive Ingredients:** Beef liver, chicken flavor, dextrose, dicalcium phosphate, magnesium stearate, silica, stearic acid, whey.