when using this product. **DIRECTIONS:** Use only as directed. Take one tablespoon. May be taken alone or with foods. Seal tightly after each use, and store in a cool dry

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed

## place.

## Supplement Facts Serving Size: 1 Thsn (15 ml.)

	Amount Per Serving	% Daily	
Servings Per Container About 24			

	Amount Per Serving	% Daily Value
Calories	130	
Calories from Eat	130	

130	
130	
14 g	22% †
14 g	70% †
	130 14 g

Calciles	100	
Calories from Fat	130	
Total Fat	14 g	22% †
Saturated Fat	14 g	70% †

Calories	130	
Calories from Fat	130	
Total Fat	14 g	22% †
Coturated Eat	4.4 ~	700/ ±

Calories	130	
Calories from Fat	130	
Total Fat	14 g	22% †

14 g	70% †
	14 g

Total Fat	14 g	22% †
Saturated Fat	14 g	70% †
- Cuturateu i at	179	1070

MCT Oil (From Coconut) 13 g

† Percent Daily Value based on a 2,000 calorie diet.

\* Daily Value not established.

Other Ingredients: None

Organic Coconut OII 1 g