WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product. This product contains Cascara, Senna, Aloe, and Rhubarb. Do not use if you have or develop diarrhea, loose stools, abdominal pain, or intestinal obstruction, hemorrhoids, or are menstruating. Consult your practitioner if you have frequent diarrhea, are pregnant, nursing, taking medication, or have a medical condition. Individuals with a history of kidney stones should use this product cautiously. Do not take for more than seven consecutive days. This product is not for persons under 12 years of age. **DIRECTIONS:** Use only as directed. Take one vegetarian capsule twice daily. Store in a cool, dry place.

Serving Size: 1 Vegetarian Capsule		
	Amount Per Serving	% Daily Value
Potassium (as Potassium Chloride)	25 mg	<1%
Proprietary Blend Cascara Sagrada (bark), Senna (leaf), Chinese Rhubarb (root), Black Walnut (hull), Aloe Vera (leaf), Oregon Grape (root), Yellow Dock (root), Valerian (root), Slippery Elm (bark)	425 mg	*
* Daily Value not established.		

Other Ingredients: Vegetable Cellulose (Capsule), Magnesium Stearate and Silica.

Supplement Facts