A favorite of Dr. Konstantv Kalkosinski, founder of Penn Herb Company, Penn Rub is an aromatic ointment with essential oils in a lanolin and beeswax base. It is useful for aches, pains, and is even an excellent chest rub for children suffering from coughs. Note: Using fingertips, apply directly to the affected area and gently massage into skin. Safety Information: Keep out of reach of children. For external use only.