The intense, herbal, camphoraceous scent of Spike Lavender Oil blends well with Lavender, Rosemary and spice oils. The therapeutic oil is included in skin care blends, and is added to vaporizers for respiratory health. Its fresh aroma is a mildly invigorating addition to an aromatic room SDrav. Aromatherapy Uses: Balancing, Purifying. Safety Information: Keep out of reach of children. For external use only. Dilute properly. Avoid use if pregnant or epileptic.