

# Supplement Facts

Serving Size: 1 Vcap®

Servings per Container: 60

	Amount per serving	% Daily Value
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Yellow Dock (root) . . . . .	625 mg. . . . .	†
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\* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

**Other Ingredients:** Plant Cellulose (Vcaps®).

**Suggested Use:** As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime.

**WARNING:** Not recommended for use by persons with a history of kidney stones.

**Double Safety Sealed:** Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

**Nature's Wonderland® Guarantee:** This product is guaranteed for purity, freshness and labeled potency.

Keep in a cool dry place with cap tightly closed.

**Yellow Dock Root** is one of nature's most amazing source of naturally occurring, readily digestible iron. Consequently, the invigorating root has been used down through the centuries to help build healthy blood. Yellow Dock is also recognized as a superior system cleanser.\*

**Common uses include:**

- Supports blood cleansing\*
- Builds healthy blood\*
- Supports liver function\*
- Supports healthy lymphatic system\*
- Promotes healthy skin\*
- Relieves occasional constipation (mild laxative)\*
- Promotes healthy digestion\*

**Vcaps®** is a registered trademark of Capsugel.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

