

Supplement Facts

Serving Size: 1 Vcap®

Servings per Container: 60

	Amount per serving	% Daily Value
--	-----------------------	------------------

Water Cress (herb)	500 mg.	†
--------------------	---------	---

* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Other Ingredients: Plant Cellulose (Vcaps®).

Suggested Use: As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime.

WARNING: Not to be used during pregnancy, or in cases of gastric or duodenal ulcers, inflammatory kidney disorders, or by children under four years of age.

Double Safety Sealed: Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

Water Cress Herb grows in the clear, cold waters of streams and ponds. These nutrient-rich leaves are used traditionally to promote urinary tract health, and to support the bronchial and respiratory system.*

Common uses include:

- Supports urinary and bladder health*
- Traditional herbal diuretic*
- Relieves temporary water weight gain and bloating associated with PMS*
- Supports respiratory system*
- Promotes healthy blood*
- Promotes digestion*

Keep in a cool dry place with cap tightly closed.

Vcaps® is a registered trademark of Capsugel.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

