

Supplement Facts

Serving Size: 1 Vcap®

Servings per Container: 60

	Amount per serving	% Daily Value
--	-----------------------	------------------

St. John's Wort (herb)	500 mg.	†
------------------------	---------	---

* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Other Ingredients: Plant Cellulose (Vcaps®).

Suggested Use: As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime.

WARNING: Consult your doctor before use if taking any prescription medications. May potentiate pharmaceutical MAO inhibitors. Avoid prolonged exposure to sunlight.

Double Safety Sealed: Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

Keep in a cool dry place with cap tightly closed.

Vcaps® is a registered trademark of Capsugel.

St. John's Wort is the subject of numerous research studies, particularly in Europe. There it is recognized as a standard herbal aid for supporting emotional well-being, and promoting positive mood. Herbalists cite noticeable benefits after approximately 2-8 weeks.*

Common uses include:

- Promotes positive mood*
- Supports emotional well-being*
- Soothes muscles and nerves*
- Supports nervous system health*
- Eases muscle cramps*

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

