

# Supplement Facts

Serving Size: 1 Veg Capsule

Servings per Container: 60

	Amount per serving	% Daily Value
Milk Thistle (seed) . . . . .	650 mg. . . . .	†

\* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

**Other Ingredients:** Plant Cellulose (Capsule)

**Suggested Use:** As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime.

Keep in a cool dry place with cap tightly closed.

**Note:** Some experience loose stools the first few days of use.

**Double Safety Sealed:** Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

**Nature's Wonderland® Guarantee:** This product is guaranteed for purity, freshness and labeled potency.

**Milk Thistle Seed** has been used in European herbalism for more than 2,000 years. It is regarded by contemporary herbalists as one of the top herbal remedies to support healthy liver and gallbladder function. Milk Thistle Seed's antioxidant compound, Silymarin, may help to neutralize free radical cellular damage from environmental toxins.\*

## Common uses include:

- Supports healthy liver function\*
- Supports detoxification\*
- Herbal antioxidant\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

