

Supplement Facts

Serving Size: 1 Vcap®

Servings per Container: 60

	Amount per serving	% Daily Value
Hops	425 mg.	†

* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Other Ingredients: Plant Cellulose (Vcaps®)

Suggested Use: As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime.

Warning: Not to be used during pregnancy. Not recommended for use by persons suffering from depression.

Double Safety Sealed: Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

While **Hops** is famous as the herb that gives beer its bitter-aromatic flavor, this calming botanical has been used for centuries to promote relaxation, to ease occasional sleeplessness, and to ease stress and restlessness associated with simple nervous tension. End your day on a tranquil note with Hops.*

Common uses include:

- Eases occasional sleeplessness*
- Calms stress, restlessness, and eases simple nervous tension*
- Relaxes tense muscles*
- Supports as a bitter digestive tonic*
- Calms nervous stomach*

Keep in a cool dry place with cap tightly closed.

Vcaps® is a registered trademark of Capsugel.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

