

Supplement Facts

Serving Size: 1 Vcap®

Servings per Container: 60

	Amount per serving	% Daily Value
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Gymnema Sylvestre . . .	550 mg.	†
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* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Other Ingredients: Plant Cellulose (Vcaps®)

Suggested Use: As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime.

WARNING: Individuals using hypoglycemic drugs should consult a healthcare professional before using this product.

Double Safety Sealed: Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

Gymnema Sylvestre is a vine-like plant native to the jungles of India. In the traditional Ayurvedic herbal culture, it's known as Gurmar, or 'sugar destroyer,' because of its ability to suppress the taste of sweetness. Many include Gymnema in their daily program to promote healthy glucose metabolism. It's therapeutic benefits are enhanced when combined with Bitter Melon, Fenugreek, and Chromium.*

Common uses include:

- Supports healthy glucose metabolism*
- Helps reduce sugar cravings*
- Suppresses the taste of sweet foods*

Keep in a cool dry place with cap tightly closed.

Vcaps® is a registered trademark of Capsugel.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

