

Supplement Facts

Serving Size: 1 Vcap®

Servings per Container: 60

	Amount per serving	% Daily Value
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True Cramp (bark),	375 mg.	†
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* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Other Ingredients: Plant Cellulose (Vcaps®)

Suggested Use: As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime.

Double Safety Sealed: Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

Keep in a cool dry place with cap tightly closed.

As the name implies, **Cramp Bark** is a powerful herbal agent for soothing muscular cramps, menstrual cramps, and gastrointestinal cramps. Its remarkable ability to relax muscular tension and cramps is attributed to its natural content of Calcium, Magnesium, and Potassium. It also supports a smooth female cycle and calms menstrual stress.*

Common uses include:

- Eases muscular spasms and cramps*
- Soothes menstrual cramps*
- Soothes irritated bowels*
- Supports upper respiratory health*
- Calms the nervous system*
- Supports healthy blood pressure*

Vcaps® is a registered trademark of Capsugel.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

