

Supplement Facts

Serving Size: 1 Veg Capsule

Servings per Container: 60

	Amount per serving	% Daily Value
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Chamomile, Organic (flowers)	350 mg	†
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* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Other Ingredients: Plant Cellulose (capsule).

Suggested Use: As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime.

Caution: Persons with allergies to other members of the Asteraceae family should exercise caution with chamomile. We recommend that you consult with a qualified healthcare practitioner before using herbal products, especially if you are pregnant, nursing, or taking any medications.

Double Safety Sealed: Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

Chamomile Flowers are popular in over 25 countries to soothe upset stomach and to encourage healthy digestion. The aromatic flowers also gently calm the nerves, and ease stress and tension.*

Common uses include:

- Promotes healthy digestion*
- Alleviates gas and bloating*
- Soothes gastrointestinal system*
- Relaxes muscle cramps and spasms*
- Calms and soothes nervous system*
- Relieves occasional sleeplessness*

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

Keep in a cool dry place with cap tightly closed.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

