

Supplement Facts

Serving Size: 1 Vcap®

Servings per Container: 60

	Amount per serving	% Daily Value
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Catnip (herb)	450 mg.	†
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* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Other Ingredients: Plant Cellulose (Vcaps®)

Suggested Use: As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime.

WARNING: Not to be used during pregnancy.

Double Safety Sealed: Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

Keep in a cool dry place with cap tightly closed.

Catnip, known to drive cats crazy, has exactly the opposite effect on humans. In fact, the aromatic herb is a traditional home remedy for quieting the nerves, helping the body unwind, and promoting restful sleep. It is also the preferred herb to soothe an upset stomach, alleviate gas, nausea and bloating.*

Common uses include:

- Calms nervous system and promotes relaxation*
- Helps with occasional sleeplessness*
- Alleviates gas, bloating, and stuffed feeling*
- Promotes healthy digestion*
- Eases menstrual cramps*

Vcaps® is a registered trademark of Capsugel.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

