Supplement Facts Serving Size: 1 Veg Capsule

Serving Size. 1 veg Capsule Servings per Container: 60

> Amount % Daily per serving Value

Buckthorn (bark) 525 mg †

*Percent Daily Values are based on 2 000 calorie diel.

† Daily value not established

Other Ingredients: Plant Cellulose(Capsule).

Suggested Use: As an addition to the diet, take 1 or 2 capsules, three times daily with

water at mealtime. Keep in a cool dry place with cap tightly closed.

WARNING: Do not use this product if you have abdominal pain or diarrhea. Consult a health care provider prior to use if you are pregnant or nursing. Discontinue use in the event of diarrhea or watery stools. Do not exceed recommended dose. Not for long-term use.

Double Safety Sealed: Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

Buckthorn is a shrub native to Europe and Asia. It has been used for centuries to promote regularity and support healthy bowel function. The bitter herb also acts as a tonic for healthy liver and galibladder function, and is a popular addition to traditional blood purifying blends.*

Common uses include:

- Relieves occasional constipation*
- Maintains healthy bowel function, and promotes regularity*
 Supports healthy liver and gallbladder
- function*

 Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



labeled potency.



