

Contains No dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take two (2) tablets daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

KEEP OUT OF REACH OF CHILDREN.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Fem Support[†]

**HELPS SUPPORT A WOMAN'S HEALTH
DURING NORMAL MID-LIFE CHANGES[†]**

Dietary Supplement
60 Tablets

SUPPLEMENT FACTS

Serving Size 2 Tablets

| | Amount Per Serving | % Daily Value |
|---|-----------------------|------------------|
| Vitamin D (as cholecalciferol) | 50 IU | 13% |
| Vitamin E (as d-alpha) | 200 IU | 667% |
| Vitamin B-1 (as thiamin hydrochloride) | 10 mg | 667% |
| Vitamin B-2 (as riboflavin) | 10 mg | 588% |
| Niacin (as niacinamide) | 10 mg | 50% |
| Vitamin B-6 (as pyridoxine hydrochloride) | 10 mg | 500% |
| Vitamin B-12 (as cyanocobalamin) | 25 mcg | 417% |
| Calcium (as carbonate, citrate) | 100 mg | 10% |
| Magnesium (as oxide, citrate) | 100 mg | 25% |

Soy (Glycine max) bean extract^{***} 500 mg
(Standardized to 2.5-3.5% [12.5-17.5 mg] isoflavones)

Black cohosh (*Cimicifuga racemosa*) root extract 80 mg
(Standardized to 2.5% [2 mg] triterpene glycosides)

Red clover blossom extract 100 mg
(Standardized to 8% [8 mg] isoflavones)

Dong Quai (*Angelica sinensis*) root 10 mg

Chasteberry (*Vitex agnus-castus*) fruit 10 mg

Licorice (*Glycyrrhiza glabra*) root powder 10 mg

*Daily Value not established

Other Ingredients: Cellulose, dicalcium phosphate, cellulose gum, vegetable stearin, modified cellulose, magnesium stearate and silica.

***From SoyLife® brand of premium soy isoflavone extract.

SoyLife® is manufactured under strict European quality control standards and provides standardized levels of naturally occurring isoflavones. SoyLife® is a registered trademark of Frutarom, Inc.