

SUPPLEMENT FACTS**Serving Size: 1 Tablet. Servings per Container: 60.**

Vitamin A (100% as Beta-Carotene)	1,050 mcg	117%DV
Vitamin C (as Ascorbic Acid)	60 mg	67%DV
Vitamin D (as Ergocalciferol)	400 IU	50%DV
Vitamin E (as d-alpha Tocopheryl Succinate)	20 mg	133%DV
Thiamin (Vitamin B-1) (from Thiamin Hci)	1.5 mg	125%DV
Riboflavin (Vitamin B-2)	1.7 mg	131%DV
Niacin (Vitamin B-3) (as Niacinamide)	20 mg	125%DV
Vitamin B-6 (from Pyridoxine Hci)	2 mg	118%DV
Folate (as Folic Acid)	400 mcg	170%DV
Vitamin B-12 (as Methylcobalamin)	6 mcg	250%DV
Biotin	300 mcg	1000%DV
Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate)	10 mg	200%DV
Calcium (from Calcium Carbonate) (Aquamin® TG Seaweed Derived Minerals)	150 mg	12%DV
Iron (from Ferrous Bisglycinate)(Ferrochel®)	9 mg	50%DV
Iodine (from Potassium Iodide)	150 mcg	100%DV
Magnesium (from Magnesium Oxide and Aquamin® TG Seaweed Derived Minerals)	75 mg	18%DV
Zinc (From Zinc Bisglycinate)(TRAACS®)	15 mg	136%DV
Selenium (from L-Selenomethionine)	35 mcg	64%DV
Copper (from Copper Bisglycinate)(TRAACS®)	1 mg	111%DV
Manganese (from Manganese Bisglycinate)(TRAACS®)	2 mg	87%DV
Chromium (from Chromium Picolinate)	60 mcg	171%DV
Molybdenum (from Sodium Molybdate)	35 mcg	78%DV
Potassium (from Potassium Chloride)	40 mg	1%DV
Lutein (from Marigold Flowers Extract) (Tagetes erecta)(FloraGLO®)	100 mcg	(†)
Lycopene (from Tomato Extract)	100 mcg	(†)

(†): % Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid (vegetable source), Vegetarian Coating and Silicon Dioxide. Vitamin E from non-GMO soy.

Manufactured and Distributed by:

Penn Herb Company, Ltd.

Philadelphia, PA 19154-3293

www.PennHerb.com / 215-637-HERB

Suggested Use: Take 1 tablet daily with a meal. Keep in a cool, dry place with lid closed.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variations may occur in this product.

Not manufactured with: wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients.

Safety Sealed: Do not accept if inner freshness seal is damaged or missing.

Ferrochel® and TRAACS® are trademarks of Albion Laboratories, Inc.; Aquamin® is a registered trademark of Marigot Limited.; FloraGLO® is a registered trademark of Kemin Industries, Inc.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Non-GMO



V21070-79A-3770EV13