

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 90

	Amount Per Serving	% Daily Value*
Calcium (from Calcium citrate)	50 mg	4%
Zinc (from Zinc amino acid chelate)	5 mg	45%
Manganese (from Manganese amino acid chelate)	2 mg	87%
Horsetail Extract	575 mg	† (Equisetum arvense & Equisetum hyemale)(Aerial Parts)
Silica (from Horsetail Extract)	40 mg	†
Bentonite Mineral Powder	10 mg	†
Boron (from Boron amino acid chelate)	1 mg	†

* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Other Ingredients: Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium and Vegetarian Coating.

Manufactured and Distributed by:

Penn Herb Company, Ltd.

Philadelphia, PA 19154-3293

www.PennHerb.com / 215-637-HERB

Suggested Use: Take 1 tablet 1 to 3 times daily, preferably with meals.

Benefits of Silica:

Silica complex supports your hair, skin, nails & bones with the nutrients they need to stay strong and look healthy.*

- Supports joint structures*
- Supports healthy hair, skin and nails*
- Enhanced with Calcium, Manganese, and Zinc, essential for supporting strong bones*

Caution: For adults only. Not recommended for pregnant/nursing women. Consult physician if taking medication (including diuretics), or have a medical condition (especially liver, kidney, heart dysfunction). Keep out of reach of children.

Natural color variations may occur in this product. Keep in a cool, dry place with lid tightly closed.

Not manufactured with: wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

Safety Sealed: Do not accept if inner freshness seal is damaged or missing.

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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