

Supplement Facts

Serving Size: 1 Lozenge

Servings Per Container: 100

	Amount Per Serving	% Daily Value*
Vitamin B-6 (Pyridoxine HCl) . . .	3 mg	176%
Melatonin	3 mg	†

* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Other Ingredients: Fructose, Cellulose, Stearic Acid (vegetable source), Mannitol, Natural Peppermint Flavor, Sorbitol, Magnesium Stearate (vegetable source).

Manufactured and Distributed by:

Penn Herb Company, Ltd.

Philadelphia, PA 19154-3293

www.PennHerb.com / 215-637-HERB

Suggested Use: Take 1 lozenge just prior to bedtime as needed. Chew lozenge or allow to dissolve in mouth.

Benefits of Melatonin:

Melatonin is a potent free radical scavenger naturally produced in the pineal gland.* It is involved in many of the regulatory processes of the body, including regulation of glandular secretory functions related to the maintenance of normal sleep/wake cycles and aspects of immune system function.*

Caution: For adults only. May cause drowsiness. Do not operate a vehicle or heavy machinery following consumption of melatonin. Consult physician if pregnant/nursing, taking medication (especially sedatives, immunosuppressants or anticoagulants), or have a medical condition (including diabetes, auto-immune conditions, depressive disorders, cardiovascular conditions and epilepsy). Keep out of reach of children.

Keep in a cool, dry place with lid tightly closed. Do not eat freshness canister. Keep in bottle.

Not manufactured with: wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

Double Safety Sealed: Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



V22309-42-V3258v4