Supplement Facts

Serving Size: 3 Tablets Servings Per Container: 166

	Amount Per Serving	
Calories	5	
Total Carbohydrate	0.7 g	<1%
Protein	1.0 g	2%
Sodium	7 mg	<1%
Brewer's Yeast	1,950 mg	†
Each serving may typically provide the		
following naturally occur	ring nutrients	:
Thiamine	250 mcg	17%
Riboflavin (Vitamin B-2)	110 mcg	7%
Niacin	670 mcg	3%
Vitamin B-6	50 mcg	3%
Folic Acid	30 mcg	8%
* Percent Daily Values are based on 2,000 calorie diet.		

† Daily value not established

Other Ingredients: Stearic Acid (vegetable source), Croscarmellose Sodium and Magnesium Stearate (vegetable source).

Contains no: sugar, salt, starch, wheat, corn, soy, milk, egg, shellfish or preservatives.

Benefits of Brewer's Yeast:

This nutritious whole food is popular with health enthusiasts and active adults * Supports healthy energy levels & stamina*

- Natural source of B vitamins, protein.
- minerals and other heneficial nutrients*
 - Supports digestive health*
 - Supports healthy sugar metabolism*

Suggested Use: As a dietary supplement, take 3 tablets 3 times daily with meals. Note: Natural color variations may occur. Keep

in a cool, dry place with lid tightly closed. Double Safety Sealed: Do not accept if either

tear band on cap or inner freshness seal is damaged or missing. Nature's Wonderland® Guarantee: This

product is guaranteed for purity, freshness and labeled potency.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease





