

Nico-Hab Stop™

*Reduces the desire to smoke**
*Calms nervousness and tension**

Quitting the tobacco habit is one of the best decisions you can make for a healthier future. This formula is blended with herbs that tend to decrease the desire to smoke, make the taste of tobacco undesirable, and help you overcome temporary nervousness and tension. Remember, firm commitment is necessary to achieve your goal. As this blend soothes and calms the nerves, it also elevates your mood during your transition to a smoke-free life.*

Herbal Supplement

Net Wt. 3 oz. (85g)

Nico-Hab Stop™

Directions: Pour 8 oz. of freshly boiled water over 1 heaping teaspoon of herbal tea. Cover and allow to steep 4 to 7 minutes, then strain. Drink 2 to 4 cups daily; preferably before meals. To enhance flavor, add honey, stevia and/or lemon to suit your personal taste.

Warning: Not to be used during pregnancy or while nursing. May cause nausea and vomiting. Consult a healthcare practitioner before use if you have gallstones. Do not exceed recommended dose.

Supplement Facts

Serving Size: 1 Teaspoonful
Servings Per Container: 12-15

	Amount per serving	% Daily Value
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Proprietary Herbal Blend

Quassia Chips	†
Lobelia (herb)	†
Magnolia (bark)	†
Scullcap (herb)	†
Peppermint (leaves)	†

* Percent Daily Values are based on 2,000 calorie diet.
† Daily value not established

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Manufactured and Distributed by:

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Contains no: sugar, salt, yeast, wheat, gluten, soy, milk, egg, or preservatives.