

# Pressu-Relieve®

*Helps maintain blood pressure  
already within the healthy range\**

## Benefits of Pressu-Relieve™:

Support healthy cardiovascular function and support blood pressure already within the healthy range. This targeted blend now includes Motherwort, historically used to soothe stress and support nervous system, especially related to healthy heart.\*

**Herbal Supplement**

**Net Wt. 3 oz. (85g)**

## Pressu-Relieve®

**Directions:** Pour 8 oz. of freshly boiled water over 1 heaping teaspoon of herbal tea. Cover and allow to steep 4 to 7 minutes, then strain. Drink 2 to 4 cups daily; preferably before meals. To enhance flavor, add honey, stevia and/or lemon to suit your personal taste.

**Warning:** Not to be used during pregnancy or while nursing, or with diarrhea, dysentery, ulcers, gastric irritation, or colitis. Consult a healthcare practitioner before use in cases of chronic kidney disorders.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Manufactured and Distributed by:

**Penn Herb Company, Ltd.**

**Philadelphia, PA 19154**

**(215)637-HERB ~ www.PennHerb.com**

## Supplement Facts

Serving Size: 1 Teaspoonful

Servings Per Container: 12-15

	Amount per serving	% Daily Value
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### Proprietary Herbal Blend

Cinnamon (bark) . . . . .	†
Black Cohosh (root) . . . . .	†
Buckbean (leaves) . . . . .	†
Golden Rod (herb) . . . . .	†
Sarsaparilla (root) . . . . .	†
Hawthorn (berries) . . . . .	†
Motherwort (herb) . . . . .	†

\* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

**Contains no:** sugar, salt, yeast, wheat, gluten, soy, milk, egg, or preservatives.