

Supplement Facts

Serving Size: 1 Lozenge

Servings Per Container: 100

	Amount Per Serving	% Daily Value*
Vitamin B-12 (as Methylcobalamin)	1.0 mg (1000 mcg)	41,667%

* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Other Ingredients: Fructose, Sorbitol, Hydroxypropyl Cellulose, Stearic Acid (vegetable source), Microcrystalline Cellulose, Citric Acid, Natural Flavors and Magnesium Stearate (vegetable source).

Manufactured and Distributed by:

Penn Herb Company, Ltd.

Philadelphia, PA 19154-3293

www.PennHerb.com / 215-637-HERB

Suggested Use: Take 1 lozenge 1 to 2 times daily. Chew lozenge or hold in mouth until dissolved and swallow.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of the reach of children.

Benefits of Methyl B-12:

Vitamin B-12 is necessary for the production of energy from fats and proteins and is well known for its critical role in DNA synthesis, as well as in homocysteine metabolism. Methylcobalamin is the co-enzyme form of Vitamin B-12 that has been found to be especially critical in the maintenance of a healthy nervous system. Dietary sources are almost exclusively of animal origin (meat and dairy) and supplementation with B-12 may be especially important for strict vegetarians.*

- Supports cardiovascular health*
- Naturally flavored*

Natural color variation may occur in product.

Keep in a cool, dry place with lid tightly closed. Do not eat freshness canister. Keep in bottle.

Not manufactured with: wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

Double Safety Sealed: Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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